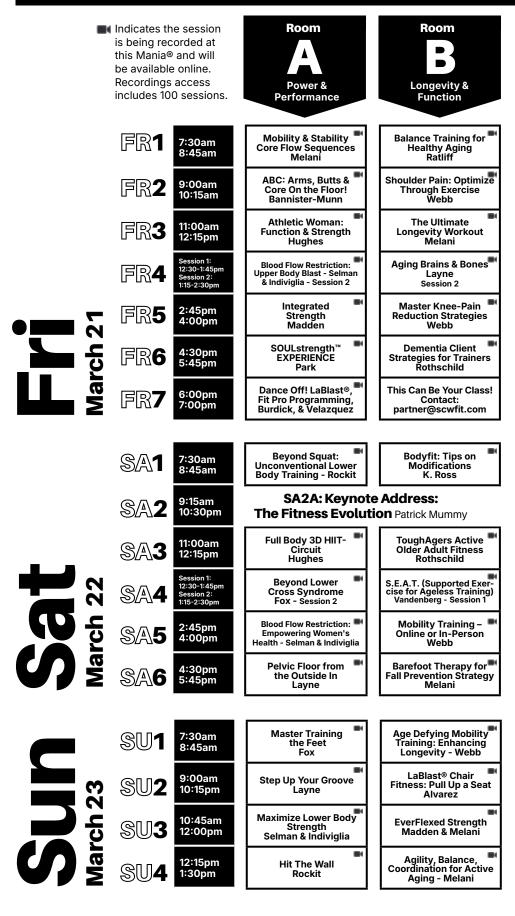
## **Certifications** Thurs, March 20

- → SCW Personal Training Certification Bannister-Munn • 9am-6pm
- ToughAgers® Instructor Active → Older Adult Fitness Rothschild • 9am-4pm
- → SCW Group Exercise Certification Velazquez • 8am-5pm
- → SCW T'ai Chi Certification DD. Ross • 9am-5pm
- → SCW Aquatic Exercise Certification Layne • 9am-5pm
- → SCW Chair Yoga Certification Ratliff • 9am-5pm
- → S.E.A.T. Supported Exercise For Ageless Training Certification Vandenberg • 9am-5pm
- → LaBlast® Fitness Instructor Certification Alvarez • 8am-5pm
- → ZUMBA® Basic 1 Smith • 7:30am-4pm
- → SCW Life Coaching EXPRESS Certification Spreen-Glick • 4:15pm-8:15pm
- → SCW Meditation EXPRESS Certification Rockit • 4:15pm-8:15pm

## Sun, March 23

- → WATERinMOTION<sup>®</sup> Aqua Exercise Certification Cheri Kulp • 8am-4pm
- → SCW Stretching & Flexibility Training Certification Gail Bannister-Munn • 8am-4pm
- → SCW Yoga I Certification Manuel Velazquez • 8am-4pm
- → Symmetry Postural Measurement Certification Patrick Mummy • 8am-4pm

## california Mania



## **Certifications:** Mar. 20 & Mar. 23 **Convention:** Mar. 20 - Mar. 23

 Expo Hours

 Fri, March 21
 8:30am - 4:30pm

 Sat. March 22
 8:30am - 4:30pm

8:30am - 12:30pm

Sun, March 23

