

GRAB A S.E.A.T!



LICENSE YOUR: YMCA, Studio, Rec Center, Senior Living Community or Retirement Home.

S.E.A.T. Supported Exercise for Ageless Training, a Turn-Key Solution for Your Facilities.

The Active Aging market is crying out for effective programming. S.E.A.T. is a proven ready-made system built for you.

S.E.A.T. has everything you need to promote and run your own chair-based program at your club, not-for-profit facility, senior fitness center or retirement community.

Facility License includes:

- 3 FREE Certifications
- 3 FREE Memberships
- Membership includes music, videos & choreo updated every 12 weeks
- Beautiful, printed marketing and promotional materials
- Top-notch social media postings
- An entire support system of dedicated professionals

S.E.A.T.

SUPPORTED EXERCISE FOR AGELESS TRAINING

SEATFITNESS.COM
seat@scwfit.com
847.562.4020



SHOW EXCLUSIVE!

S.E.A.T. INDIVIDUAL MEMBERSHIP DISCOUNT!



Become a S.E.A.T. Member
For Only \$19.95/mo (~~Was \$30~~)

Get instant access to the latest S.E.A.T. release!

- Quarterly Releases (every 3 months):
Video, Music, Choreography Notes & Flashcards
- Complete digital & printable marketing (social media, emails, posters, videos, brochures, flyers, business cards & more)
- Educational CEC Zoom Meetings
- Teach at health clubs, rec centers and retirement homes (this program doesn't require any club licensing)

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SIGN UP AT:
SEATFITNESS.COM/MEMBERSHIP

