Thursday, October 3, 2024								
Α	В	С	D	E	F	G	Н	
		GX/Dance/Small Group			Aqua (Starts			
HIIT/ Strength/Core	Function/Active Aging	Training	Recovery/Mind Body	Cycle	in Lecture)	Nutrition/Ex Science	Business	
Salon 1	Earhart	Davis	Salon 2	Lindbergh	Collins	Wright	Yeager	Hughes
SCW Personal Training Certificagiton 9:00am - 6:00pm	SCW Active Aging Certification 9:00am - 5:00pm	SCW Group Exercise Certification 8:00am - 5:00pm	SCW Chair Yoga Certification 9:00am - 5:00pm	Schwinn® Cycling: Indoor Cycling Certifcation Intensive 7:00am - 5:00pm	WATERinMOTION® Aqua Exercise Certification 9:00am - 5:00pm	SCW Menopause Wellness: Thrive with Fitness Certification 9:00am - 3:30pm	SCW Life Coaching Certification 9:00am - 3:00pm	ToughAgers® Instructor - Active Older Adult Fitness 9:00am - 4:00pm
Roberts	Gilbert	Velazquez	Ratliff	Hogg	Kulp	Layne	Spreen-Glick	Rothschild
Dumbbells, Tubing, Foam Rollers, Mobility Sticks, Whiteboard & Markers	Dumbbells, Bands-Loop, Tubing, Pods, Whiteboard & Markers	Dumbbells	Chairs 2:1, Yoga Mats, Yoga Blocks 2:1		Aqua Noodles, Aqua Dumbbells, Tubing	Whiteboard & Markers		Dumbbells, Foam Rollers, Yoga Mats, Bands-Flat
7	4	6	3	7	1	1		6
			Certification for			SCW Acitve Aging Nutrition Certification 5:30pm - 9:30pm <i>Toole</i>		
	HIIT/ Strength/Core Salon 1 SCW Personal Training Certificagiton 9:00am - 6:00pm <i>Roberts</i> Dumbbells, Tubing, Foam Rollers, Mobility Sticks, Whiteboard &	HIIT/ Strength/CoreFunction/Active AgingSalon 1EarhartSCW Personal Training Certificagiton 9:00am - 6:00pmSCW Active Aging Certification 9:00am - 5:00pmRobertsGilbertDumbbells, Tubing, Foam Rollers, Mobility Sticks, Whiteboard &Dumbbells, Pods, Whiteboard &	ABCHIIT/ Strength/CoreFunction/Active AgingGX/Dance/Small Group TrainingSalon 1EarhartDavisSCW Personal Training Certificagiton 9:00am - 6:00pmSCW Active Aging Certification 9:00am - 5:00pmSCW Group Exercise Certification 8:00am - 5:00pmRobertsGilbertVelazquezDumbbells, Tubing, Foam Rollers, Mobility Sticks, Whiteboard & MarkersDumbbells, Pods, Whiteboard & MarkersDumbbells, Pods, Whiteboard & Markers	ABCDHIIT/ Strength/CoreFunction/Active AgingGX/Dance/Small Group TrainingRecovery/Mind BodySalon 1EarhartDavisSalon 2SCW Personal Training Certificagiton 9:00am - 6:00pmSCW Active Aging Certification 9:00am - 5:00pmSCW Group Exercise Certification 8:00am - 5:00pmSCW Chair Yoga Certification 9:00am - 5:00pmRobertsGilbertVelazquezRatliffDumbbells, Tubing, Foam Rollers, Mobility Sticks, Whiteboard & MarkersDumbbells, MarkersDumbbells, Pods, Whiteboard & MarkersChairs 2:1, Yoga Mats, Yoga Blocks 2:174637463	ABCDEHIIT/ Strength/CoreFunction/Active AgingGX/Dance/Small Group TrainingRecovery/Mind BodyCycleSalon 1EarhartDavisSalon 2LindberghSCW Personal Training Certification 9:00am - 6:00pmSCW Active Aging Certification 9:00am - 5:00pmSCW Group Exercise Certification 8:00am - 5:00pmSCW Chair Yoga Certification 9:00am - 5:00pmSchwinn® Cycling: Indoor Cycling Certification 9:00am - 5:00pmRobertsGilbertVelazquezRatiliff HoggHoggDumbbells, Tubing, Foam Rollers, Mobility 	ABCDEFHIIT/ Strength/CoreFunction/Active Aging Salon 1GX/Dance/Small Group TrainingRecovery/Mind BodyCycleAqua (Starts in Lecture)Salon 1EarhartDavisSalon 2LindberghCollinsSCW Personal Training Certification 9:00am - 6:00pmSCW Active Aging Certification 9:00am - 5:00pmSCW Group Exercise Certification 8:00am - 5:00pmSCW Chair Yoga Certification 9:00am - 5:00pmSchwinn® Cycling: Indoor Cycling Certification Intensive 7:00am - 5:00pmWATERinMOTION® Aqua Exercise Certification 9:00am - 5:00pmDumbbells, Tubing, Foam Rollers, Mobility Sticks, Whiteboard & MarkersDumbbells, MarkersVelazquez Dumbbells, Bands-Loop, Tubing, Pods, Whiteboard & MarkersVelazquez A Ratiff Yoga Blocks 2:1Aqua Noodles, Aqua Dumbbells746371	ABCDEFGHIIT/ Strength/CoreFunction/Active AgingGX/Dance/Small Group TrainingRecovery/Mind BodyCycleAqua (Starts in Lecture)Nutrition/Ex ScienceSalon 1EarnantDavisSalon 2LindberghCoollinsWutrition/Ex ScienceSCW Personal Training Certification 9:00am - 6:00pmSCW Active Aging Certification 9:00am - 5:00pmSCW Group Exercise Certification 9:00am - 5:00pmSCW Group Exercise Certification 9:00am - 5:00pmSCW Chair Yoga Certification 9:00am - 5:00pmSchwinn® Cycling: Indoor Cycling Certification Intensive 7:00am - 5:00pmWATERinMOTION® Aqua Exercise Certification 9:00am - 5:00pmSCW Menopause Wellness: Thrive with Fitness Certification 9:00am - 5:00pmRoberts Dumbbells, Tubing, Poar, Robility Sticks, Whiteboard & MarkersOumbbells Pods, Whiteboard & MarkersVelazquez Pods, Whiteboard & MarkersRatiff Chairs 2:1, Yoga Mats, Yoga Blocks 2:1HoggKulp Aqua Noodles, Aqua Dumbbells, Tubing, Pods, Whiteboard & MarkersLayne74637117463711746371174637117463711746371174637117500pmFitness Professionals <td< td=""><td>ABCDEFGHHIIT/ Strength/CoreFunction/Active AgingGX/Dance/Small Group TrainingRecovery/Mind Body Salon 1CycleAqua (Starts in Lecture)Nutrition/Ex ScienceBusinessScW Personal SCW Personal ScW Active Aging Certification 9:00am - 5:00pmScW Chair Yoga ScW Chair Yoga Certification 8:00am - 5:00pmScW Chair Yoga Certification 9:00am - 5:00pmScW Chair Yoga Certification 9:00am - 5:00pmScW Chair Yoga Certification 9:00am - 5:00pmScW Active Aging Certification 9:00am - 5:00pmScW Chair Yoga Certification 9:00am - 5:00pmScW Menopuse VelazquezScW Life Coaching Certification 9:00am - 5:00pmRobertsGilbertVelazquezRatiff Pumbbells, Tubing, Pods, Whiteboard & MarkersVelazquezRatiff PumbbellsHoggKulp HoggKulp Aqua Noodles, Aqua Dumbbells, Tubing, Pods, Whiteboard & MarkersDumbbellsChairs 2:1, Yoga Mats, Yoga Blocks 2:1Aqua Noodles, Aqua Dumbbells, Tubing, Pods, Whiteboard & MarkersMarkersScW Active Aging Scenee-GlickScenee-Glick74637117463711746371174637117463711746371174637117</td></td<>	ABCDEFGHHIIT/ Strength/CoreFunction/Active AgingGX/Dance/Small Group TrainingRecovery/Mind Body Salon 1CycleAqua (Starts in Lecture)Nutrition/Ex ScienceBusinessScW Personal SCW Personal ScW Active Aging Certification 9:00am - 5:00pmScW Chair Yoga ScW Chair Yoga Certification 8:00am - 5:00pmScW Chair Yoga Certification 9:00am - 5:00pmScW Chair Yoga Certification 9:00am - 5:00pmScW Chair Yoga Certification 9:00am - 5:00pmScW Active Aging Certification 9:00am - 5:00pmScW Chair Yoga Certification 9:00am - 5:00pmScW Menopuse VelazquezScW Life Coaching Certification 9:00am - 5:00pmRobertsGilbertVelazquezRatiff Pumbbells, Tubing, Pods, Whiteboard & MarkersVelazquezRatiff PumbbellsHoggKulp HoggKulp Aqua Noodles, Aqua Dumbbells, Tubing, Pods, Whiteboard & MarkersDumbbellsChairs 2:1, Yoga Mats, Yoga Blocks 2:1Aqua Noodles, Aqua Dumbbells, Tubing, Pods, Whiteboard & MarkersMarkersScW Active Aging Scenee-GlickScenee-Glick74637117463711746371174637117463711746371174637117