



WATERinMOTION® is a pre-choreographed, quarterly released group aqua exercise program that refreshes the moves, music, and member experience every three months with new Choreo Videos, easy-to-use Flashcards, and 55-minute downloadable Music specially written for aquatics.



**FREE \$20 WAVE WEBS
FOR ALL WHO ATTEND!**



OPEN INVITE TO ALL IAFTC ATTENDEES!

WHAT:
Introduction to WATERinMOTION®

WHEN:
Wed, May 8th
4:35pm-4:50pm

WHERE:
IAFTC 2024 Conference
Periwinkle Room



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