

UNLOCK YOUR *best self*

SCW ONLINE CERTIFICATIONS

\$100 OFF

~~WAS \$259~~ **NOW ONLY \$159**

USE CODE: SAVE100



- ACTIVE AGING
- ACTIVE AGING NUTRITION
- AQUA BARRE
- BARRE
- BOXING
- CHRONIC DISEASE SPECIALIST
- CORE TRAINING
- FLOWING YOGA
- FOAM ROLLING
- FUNCTIONAL FLEXIBILITY

- FUNCTIONAL TRAINING
- FUNCTIONAL PILATES
- GROUP EXERCISE
- GROUP FITNESS DIRECTOR AND STUDIO OWNER
- GROUP STEP
- GROUP STRENGTH
- HIIT
- KETTLEBELL
- LIFE COACHING

- LIFESTYLE/ BEHAVIORAL COACHING
- MARKETING & SALES FOR PERSONAL TRAINERS
- MEDITATION
- MIND BODY FUSION
- MOMS IN MOTION
- NUTRITION, HORMONES AND METABOLISM
- PERFORMANCE STABILITY TRAINING
- PERSONAL TRAINING

- PILATES MATWORK
- PILATES SMALL APPARATUS
- SMALL GROUP TRAINING
- SOCIAL MEDIA
- SPORTS NUTRITION
- TAI CHI
- WATERINMOTION®
- WEIGHT MANAGEMENT
- YOGA I (BEGINNER)
- YOGA II (ADVANCED)

SCW
CERTIFICATIONS

RECOGNIZED BY

AFAA

ACE
APPROVED
PROVIDER

AMERICAN COLLEGE
OF SPORTS MEDICINE

NASM

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**INCLUDES THE SAME
LIVE COURSE FREE!**

scwfit.com/certifications