

SUPPORT STAFF ANNOUNCEMENTS FRIDAY

<mark>7:30 AM – WELCOME</mark>

- Welcome to MANIA[®]! To find Outlines, Evals, Discounts and CECs or the <u>QR Code</u>, look on the back of your badge or on your map. <u>(Hold up and point to it on the EVENT MAP.)</u>
- Outlines & CECs are available and FREE for only 30 days after MANIA[®]. There is a \$35 fee to receive your CEC form after 30 days.
- To receive your CECs, you MUST COMPLETE EVERY PRESENTER EVALUATION by <u>using the QR</u>
 <u>Code</u> or go to <u>www.scwfit.com/DC23</u> ("scwfit.com, forward slash, D C 23 ") Each presenter
 <u>eval is only 4 quick questions.</u>
- Enjoy MANIA[®] and your 1st session with ______ (say the name of presenter).

<u> 10:15 AM – EXCLUSIVE EXPO SHOPPING</u>

The Expo is now OPEN! Don't forget to visit the SCW Booth & get 50% OFF fitness equipment
 & 50% athletic apparel.

BEFORE LUNCH (at end of Session #3)

- <u>The Expo is OPEN!</u> Receive 50% discount on clothing & equipment. Great sale on CDs & DVDs.
 See the newest books, sweatshirts, T's & more at the SCW Booth!
- **Lunch** is available at Flights Bistro & Bar (Lobby) (point to the location on the EVENT MAP).
- To ensure that you get ALL YOUR CECs, please make sure to complete your presenter evals!

<u> 4:00 PM – EXCLUSIVE 30-Minute EXPO SHOPPING</u>

- Use your 30-minute break for Exclusive Expo shopping!

<u>5:45 PM – FITNESS IDOL</u>

- Come experience <u>Fitness Idol tonight</u> at 6:00pm in Room A & see who wins the opportunity to present at MANIA[®] 2024. Walk-ins are welcome!
- Can't decide which session to take See them all! <u>Take home 100 MANIA® Session</u>
 <u>Recordings</u>. Add them with your QR Code or at the SCW Booth!
- And do not forget: The SCW Booth has 50% off fitness equipment & athletic apparel.
- To get your CECs, remember to fill out all your **<u>Presenter Evaluations</u>** with the QR Code!







SUPPORT STAFF ANNOUNCEMENTS

(SICIW)

SATURDAY

7:30 AM – WELCOME

- Welcome to MANIA[®]! To find Outlines, Evals, Discounts and CECs or the **QR Code** look on the back of your badge or on your map. (Hold up and point to it on the EVENT MAP.)
- Outlines & CECs are available and FREE for only 30 days after MANIA[®]. There is a \$35 fee to receive your CEC form after 30 days.
- To receive your CECs, you MUST COMPLETE EVERY PRESENTER EVALUATION by using the QR Code or go to www.scwfit.com/DC23 ("scwfit.com, forward slash, D C 23 ") Each presenter eval is only 4 quick questions.
- Enjoy MANIA[®] and your 1st session with (say the name of presenter).

8:45 AM (at end of 1st session)— EXCLUSIVE EXPO SHOPPING & KEYNOTE ADDRESS

- Join us for our Keynote Address at 9:00 AM: Exercise is Medicine with Dr. Edward Laskowski from the Mayo Clinic, in Room A.
- Use your 30-minute break for Exclusive Expo shopping!

BEFORE LUNCH (at end of Session #3)

- **The Expo is OPEN!** Receive 50% OFF on clothing & equipment. Great sale on CDs & DVDs. See the newest books, sweatshirts, T's & more at the SCW Booth!
- **Lunch is available at** Flights Bistro & Bar (Lobby Level) on your map.
- To ensure that you get ALL YOUR CECs, please make sure to complete your presenter evals!

5:45 PM – AT END OF THE LAST CLASS OF THE DAY

- Be sure to fill out your Presenter Evals!
- Your CECs will be available on Sunday Afternoon.
- See you tomorrow!







SUPPORT STAFF ANNOUNCEMENTS SUNDAY

SCW

7:30 AM – WELCOME

- Welcome to your final day of MANIA[®]!
- To find Outlines, Evals, Discounts and CECs use the QR Code.
- Your CECs are available at 1:30pm Today.
- Outlines & CECs are available and FREE for only 30 days after MANIA[®]. There is a \$35 fee to receive your CEC form after 30 days.
- To receive your CECs, you MUST COMPLETE EVERY PRESENTER EVALUATION by using the QR Code or go to www.scwfit.com/DC23 ("scwfit.com, forward slash, D C 23 ") Each presenter eval is only 4 quick questions.
- Enjoy MANIA[®] and your 1st session with (say the name of presenter).

10:15 AM (at end of Session #2)

- The Expo is Now Open and Closes at 1:00pm TODAY!
- Get your last-minute discounts!
- You can still add 100 MANIA Recordings with your QR Code or at the SCW Booth. Do not miss a minute of MANIA!
- Take equipment home TODAY at 50% OFF and bring gifts to your subs! Get 50% Off clothing and discounts on books, music CDs & DVDs at the SCW Booth!

1:30 PM (at the end of the last session!)

- Thank you for attending DC MANIA!
- Download your CEC form for FREE for **30 days** with your QR Code or the website www.scwfit.com/DC23 ("scwfit.com, forward slash, D C 23 ")!
- After 30 days, the form will cost \$35.
- Thank you for coming. See you next year on February 23-25, 2024.