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# SCW ACTIVE AGING CERTIFICATION

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# SCW GROUP EXERCISE CERTIFICATION

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# SCW PILATES MATWORK CERTIFICATION

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# **SCW MENOPAUSE WELLNESS: THRIVE WITH FITNESS CERTIFICATION**

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# **WATERinMOTION<sup>®</sup> AQUA EXERCISE CERTIFICATION**

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# **SCHWINN® CYCLING: INDOOR CYCLING CERTIFICATION**



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# WARRIOR® TAI CHI YOGA INSTRUCTOR CERTIFICATION



# MANIA® MASHUP!



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# SCW PERSONAL TRAINING CERTIFICATION

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# **S.E.A.T. - SUPPORTED EXERCISE FOR AGELESS TRAINING CERTIFICATION**

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# SCW STRETCHING & FLEXIBILITY TRAINING CERTIFICATION



# SCW LIFE COACHING CERTIFICATION

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# SYMMETRY POSTURAL MEASUREMENT CERTIFICATION



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# ZUMBA® JUMP START GOLD TRAINING