



EXPO HOURS

FRIDAY, MAR 30 10:15am - 11:00am 12:00pm - 2:45pm 3:45pm – 4:30pm

SATURDAY, APR 1	8:45am – 9:15am 10:30am – 11:00am 12:00pm - 2:45pm 3:45pm – 4:30pm	
SUNDAY, APR 2	10:00am – 1:00pm	
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EXPO & SPONSORS

Aqua-Ohm	12
Chargel	7
Fit Bodies	6
LaBlast	
Salad Master	25
Schwinn	
SCW	8, 9, 10, 14, 15, 16
S.E.A.T	

SOULfusion	5
StandOut Fit Pro	11
Symmetry for Health	1,2
Tough Agers	22
Two Diamond Fit	17
WATERinMOTION	28
Warrior	21



ASSOCIATE SPONSORS

LATIN B















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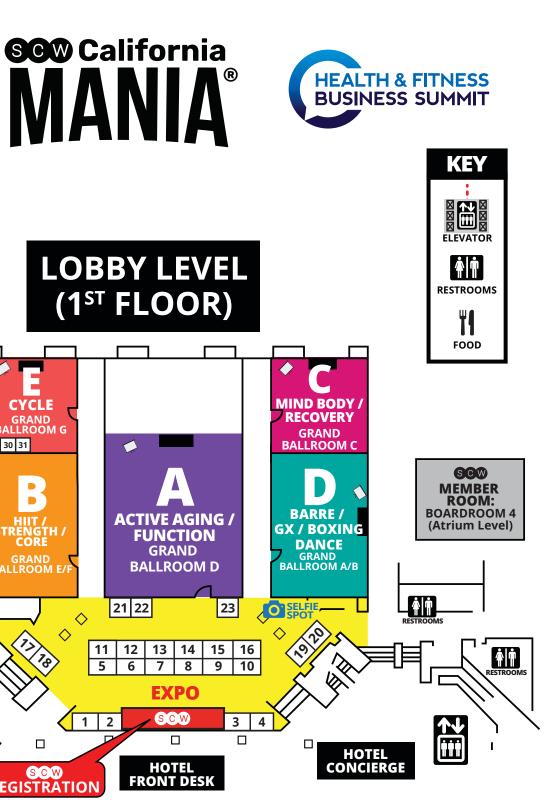


S AREA **AQUA** POOL / ΑCTÌVITY POOL HYATT STAYFIT GYM RESTROOM 26 27 AQUA LECT. SAND. EC Е CYCLE GRAND BALLROOM G 29 30 31 HIIT / RENGTH / CORE Η GRAND BALLROOM E/ BUSINESS SAND. B RESTROOM **G** NUTRITION /EX. SCI SAND. A \Diamond 24 25 \diamond 1 2



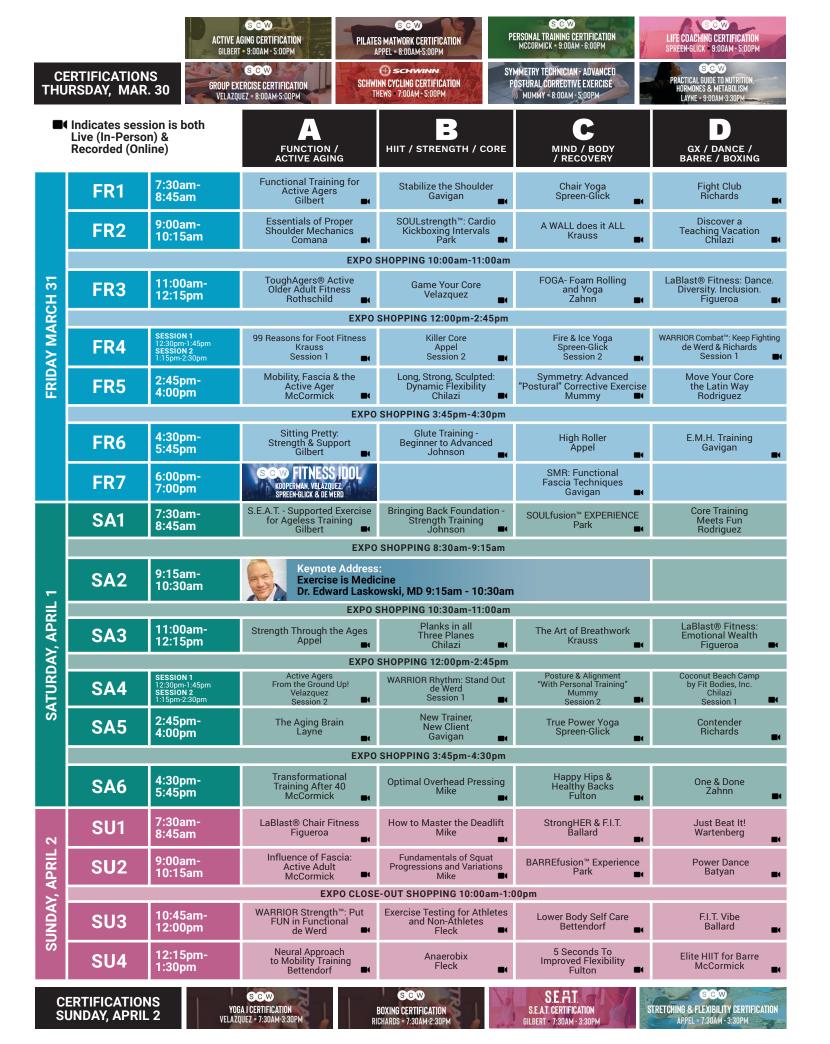
SCW

REGISTRATION









Californ MANIA®	nia Schedu	e	OUTLINES, EVALS & CECS scwfit.com/CA23	HEALTH & FITNES BUSINESS SUMMI SCW Health & Fit Business Summi	tness t
CYCLE	AQUA (STARTS IN LECTURE)	NUTRITION / EXERCISE SCIENCE	BUSINESS	Give your fitness bu the attention it dese scwfit.com/busir	erves.
Schwinn®: R.I.S.E. & #RideRight Vanderburg	Aqua Ease: Flexibility for Active Agers Velazquez	Myths & Science of Training Women Groves ■4	Building Your Business Stevenson	FR1	
Schwinn®: Dynamic Duos - Cycling Fusion Thomson	Aqua HIIT & Box McCormick	Feasting & Fasting Layne	Successful GroupX Marketing Calendars de Werd	FR2	
	EXPO S	HOPPING 10:00am-11:00am			
Schwinn®: Leader of the Pack Appel	Aqua Brain Power Gilbert	Stress‼ What You Should Know Comana ■4	New World Sales & Management McBride ■	FR3	CH 31
	EXPO S	HOPPING 12:00pm-2:45pm			AR
Schwinn®: Let the Beat Drop Thomson Session 1	Water Works Velazquez Session 2	Five Fat-Burning Hormones Layne Session 2	Creating with Canva Hoff Session 1 ■	FR4	FRIDAY, MARCH 31
Schwinn®: Polishing Diamonds - Level Up Vanderburg	LaBlast® Splash: Emotional Wealth Figueroa	Muscle Development - Building Bigger Muscles Effectively Comana	Rebuilding Sandcastles: 2023 McBride	FR5	FRID
	EXPO S	HOPPING 3:45pm-4:30pm			
	Strong & Stable Aqua Layne	The Science & Application of Assessments Groves	Retain & Engage Your Personal Training Clients Hoff ■	FR6	
	REGISTER FOR M And Enjoy 100+	ANIA RECORDINGS SCWFIT.COM/	CALIFORNIA	FR7	
Schwinn®: Cycle Mixology - Killer Playlists Thomson	Silver Tsunami Velazquez	Eat to Lose! Seti 🛛 🗬	Stop Guessing What Your Clients Want! Stevenson	SA1	
	EXPO S	SHOPPING 8:30am-9:15am			
	Exerci	te Address: se is Medicine vard Laskowski, MD 9:15am - 10:3	0am	SA2	-
	EXPO SI	HOPPING 10:30am-11:00am			SIL
Schwinn®: Breathy Not Breathless Vanderburg	Strength Beneath the Surface PluimMentz	Physics of Pain & Performance Mummy	Effective GX & PT Sales Strategies Panel Kooperman, Richards, de Werd, Stevenson, Clark & Johnson	SA3	SATURDAY, APR
		HOPPING 12:00pm-2:45pm			DA
Schwinn®: Tri-Cycle Triple Threat Schneider Session 2	HIIT the Wall Gilbert Session 1	Chasing the Dragon Layne Session 1	Stand Out On Social Media Clark Session 2	SA4	ATUR
Schwinn®: Pedal N Pulse Appel	Cheeks for Weeks - H2O Gilbert	Sleep: The Weight Loss Miracle Seti	Building Successful Hybrid Businesses Vokoun	SA5	S
	EXPO S	HOPPING 3:45pm-4:30pm			
Schwinn®: Prime Design 2.0 Schneider	H2O Strength Velazquez	Sports Supplementation: Scientifically Backed Performance Hyde	Retired, Not Expired! Strength Training for Mature Adults Panel: Kooperman, Gilbert, Layne & Appel	SA6	
STRETCHING CERTIFICATION	Turbulence Training PluimMentz	Bioenergetics: Review of Energy Systems Hyde	The Beauty of Building a Brand Park ■	SU1	2
	LaBlast® Splash: Emotional Wealth Figueroa	Optimal Recovery Layne	Inexpensive Marketing for Growth & Profitability Kooperman	SU2	SUNDAY, APRIL
BRAND NEW! EXPO CLOSE-OUT SHOPPING 10:00am-1:00pm					
Stress EDUCTION	Aqua HIIT & Run Layne	Ketogenic Diets: History and Applications Hyde ■●	Stretching for Strength - Flexible Foundations Panel: Kooperman, Fulton, McCormick, Mike & Park∎4	SU3	UNDA
CON CONTROL	Aqua Agility Layne	Self-Care For Your Immune System Seti ■	Every Day Leadership Schuler	SU4	S

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