

For instructors who **give a sit.**

Become a S.E.A.T. instructor and join the award-winning chair-based program that enhances your clients' balance, flexibility, and overall well-being.

3 Easy Steps to start earning money with the fastest growing chair-based fitness program:

- 1 Complete your training.**
Only \$159 online (norm. \$259).
- 2 Join the S.E.A.T. network.**
Fresh music, choreo & marketing provided every 3 months. Only \$99/yr (norm \$199).
- 3 Start teaching!**
Get your license and start teaching whenever and wherever you want—it's that simple!



**Save over
\$200
instantly!**

S.E.A.T.
SUPPORTED EXERCISE FOR AGELESS TRAINING

sign up here!

seatfitness.com

