

S.E.A.T.

SUPPORTED EXERCISE FOR AGELESS TRAINING

**SATISFACTION
GUARANTEED!**



BECOME S.E.A.T. CERTIFIED FOR LESS!

As we all age, staying physically, mentally, and socially active is the key to maintaining quality of life. The S.E.A.T. Online Certification combines relevant research and proven practical approaches to training the bodies and brains of those members needing a little bit of extra support. Bring this proven, ready-made, chair-based program immediately to your club, not-for-profit facility, senior fitness center or retirement community.



ONLINE CERTIFICATION ONLY \$159

~~WAS \$259~~ (SAVE \$100)

USE CODE: SEAT100

- Comprehensive Active Aging Specific Course Manual
- SCW, ACE, AFAA, NASM, ACSM & AEA CEC/CEUs
- Music, Video & Choreography Kit
- 5 Educational Videos
- Online Exam
- Automated Certificate of Completion

ONLINE MEMBERSHIP 50% DISCOUNT

~~WAS \$39.99~~/MO

NOW ONLY \$19.99/MO

- 50% Discounted Price When You Get Certified!
- Save \$20 Per Month For An Annual Discount of \$240!
- Fresh Choreography Video Kits Every 12 Weeks
- Full Catalog of Licensed Music
- Easy-to-Use Instructor App
- Simple to Implement Programming w/Easy-to-Use Guides
- Branded Posters, Brochures, Social Media & Marketing Kits
- Satisfaction Guaranteed! Cancel At Any Time.



WWW.SEATFITNESS.COM

